

# 10<sup>th</sup> Annual Shabbaton for Jewish Women in Recovery



**Friday – Sunday, November 13-15, 2015**

**Parshas Toldos ~ Rosh Chodesh Kislev**

**LOCATION: THE SHERATON PARSIPPANY HOTEL  
199 SMITH ROAD – PARSIPPANY, NJ 07054 (973) 515-2000**

## How to Register:

- 1) **Please do so right away!** We must have your payment ASAP in order to hold the space at the hotel. **\$180** fee includes a double occupancy room for Friday and Saturday nights and all sessions. After October 15, the price will increase to **\$200** so don't wait until the last minute! **Saturday night only registration is \$90** which includes a double occupancy and sessions Motzei Shabbos through Sunday.
- 2) Payment may be made by money order, bank check, cash or PayPal when you register.
  - PayPal:** If you have no idea how to use PayPal, please call Devorah V. at **551-206-8691**.  
If your PayPal account is linked to a credit card, add \$6 to your payment to cover the PayPal fee (\$186 for early bird or \$206 after Oct 15<sup>th</sup>). If your PayPal account is linked to a checking account, there is no additional fee.  
Below is the link for PayPal that may be used to set up your own account, if you don't already have one. If you **do already have** a PayPal account, just click on the "Send & Request Tab," after you have logged in, and follow the instructions using Devorah V's email address: [vidalia613@gmail.com](mailto:vidalia613@gmail.com) – Send money to a friend.
  - Link to Paypal:** <https://www.paypal.com/webapps/setup-paypal-account/onboarding?execution=e1s2>
  - Money Order or Bank Check:** Please mail to: Deborah Vidal, 6209 Hopeton Avenue, Baltimore, MD 21215. **No personal checks will be accepted!**
  - Cash:** Cash may be direct-deposited into Devorah V.'s Wells Fargo bank account. If you would like to use this method, please contact Devorah V. by phone at 551-206-8691 and she will give you further instructions.
- 3) Please complete the attached Registration Form ASAP and mail it to Deborah Vidal, 6209 Hopeton Avenue, Baltimore, MD 21215. Alternatively, you may scan it, attach it to an email, and send it to [womeninrecoveryshabbaton@gmail.com](mailto:womeninrecoveryshabbaton@gmail.com). Another method would be to use your cell phone to take a digital photo of the form which can then be attached to an email and sent to the same address.

***Please register as soon as possible. After October 15th, the price will increase to \$200!***

### **Other Important Information**

For any questions, requests, suggestions or assistance with registration, please email:

[womeninrecoveryshabbaton@gmail.com](mailto:womeninrecoveryshabbaton@gmail.com)

Or call Devorah V. @ 551-206-8691

**Babysitting:** There is no babysitting this year. If you will be bringing a child, you will also need to bring someone to babysit as well.

**Meals:** We do not have a person who will be making meals this year. **Everyone *must* bring their own meals!** People flying in from out of town can email us, and we will do our best to assist you with this.

**Once again,** regretfully, the hotel **will NOT** permit hot plates/crock pots in the rooms or dining rooms due to fire code regulations. Please do not cause a chillul Hashem by disregarding this rule, chas v'shalom! In the spirit of recovery, surely we are willing to sacrifice warm meals on one Shabbos so that we can participate in our wonderful Shabbaton! **We suggest making use of thermoses, or simply plan to eat your food at room temperature.**

**Hot water will only be available during mealtimes. If you want hot water in between meals, bring a thermos to store hot water so you have it available.**

**Refrigeration:** Most rooms will be able to have a refrigerator, **if you request one in advance**, with your registration. We will also have the use of one of the hotel's large refrigerators, but remember that if you rely on this, you will only be able to access your food immediately before each meal.

**Transportation:** We will try our best to assist you in setting up transportation. If you need any assistance or you are available to give a ride, please contact Aidel at (H) 718-336-0963 or (C) 646-705-2544.

**Scholarships:** Scholarships will be considered on an individual basis based on availability of funds. Please contact Minky at 845-213-5318 for more information.

**Service Opportunities:** Please let us know right away if you would like to help out with the Shabbaton in any way. Please call or text Devorah S. @ 862-571-0555 mornings EST or email her at devorbs@gmail.com or contact Shira at emotionalsobriety2013@gmail.com. Types of service opportunities include offering Divrei Torah, leading a workshop, setting up/cleaning up, making copies, entertainment for Motzei Shabbos, driving, amenities, gift bags, etc.

**Please let us know if we can be of any further assistance!**

In Recovery,

**Devorah V.** (551) 206-8691 & **Devora S.** 862-571-0555

Shabbaton 2015 Chairperson & Program Chairperson

## Driving Directions to the Sheraton Parsippany Hotel

199 SMITH ROAD – PARSIPPANY, NJ 07054 (973) 515-2000

Sheraton Parsippany Hotel is the ideal choice for business and leisure travelers. Many of our guests who fly into one of the area's airports rent vehicles and drive, as we are conveniently located just 30 minutes from the Newark Liberty International Airport, 25 miles from New York City and just about an hour from LaGuardia Airport and JFK International Airport. We are also convenient to several major highways including Interstates 80, 280, and 287. In addition, there are train stations in nearby Morristown and Morris Plains.

### From North

- Take Interstate 287 South to Exit 42.
- Proceed to the light and turn left onto Parsippany Road.
- Continue to the next traffic light.
- Turn left to Route 46.
- Turn right onto Smith Road (after the Gulf Gas Station).
- The hotel is .25 miles on the left.

### From South

- Take Interstate 287 North to Exit 41A.
- Bear right onto the ramp toward Route 46 and Smith Road and turn right at the end of the ramp on to Smith Road.
- The hotel is on the left.

### From East

- Take Interstate 80 West to Exit 43B.
- Follow the signs for Interstate 287 North.
- Take Route 46 and Smith Road Exit.
- Turn right at the stop sign.
- Continue on to the light and turn right onto Smith Road.
- The hotel is .25 miles on the left.

### From West

- Take Interstate 80 East to Exit 42C.
- Follow US-202 North to the traffic light.
- Proceed on through the light to the end of the road.
- Turn right onto Smith Road.
- The hotel is .25 miles on the left.

### From Newark Liberty International Airport (EWR) - Approximately 30 minutes away

- Proceed on Terminal Access Road, following signs to the Interstate 78 ramp.
- Merge onto I-78 West toward Garden State Parkway/Clinton.
- Take Exit 48 onto westbound State Route 24 en route to Interstate 287/Morristown.
- Merge onto I-287 North toward Interstate 80/Mahwah.
- Take Exit 41A toward U.S. Highway 46.
- Follow signs to Smith Road.
- Veer right onto Smith Road.
- Make a U-turn at Wood Hollow Road.
- The hotel will be on your right.

## **Other Transportation Options to the Sheraton Parsippany Hotel**

**199 SMITH ROAD – PARSIPPANY, NJ 07054 (973) 515-2000**

### **By Railway**

- Morristown Train Station (Approximately 8 miles away)
- New Jersey Transit serves train stations in nearby Morris Plains and Morristown, located approximately 15 & 20 minutes from the hotel by car. Guests will need arrange their own transportation from the train station to the hotel; taxi service is available at the stations.

### **Rental Car Options**

- Hertz Car Rental / Contact: (201) 335-0883
- Avis Rent A Car / Contact: (973) 428-3900

### **From Newark Liberty International Airport (EWR)**

- Distance: Approximately 25 miles away or 30 minutes
- By Taxi: Approximately \$49 USD
- Maryam Limousine Service: Please call for prices and more information  
Hours of operation: Daily 6:00 AM to 11:00 PM  
Contact: (800) 380-4767; Reservation Required

### **Parking Information**

- Complimentary Self-Parking Facilities Available

### **Shuttle Service**

- Complimentary local shuttle service on a limited run basis. For information or reservations, please contact the front desk.